# SUMMER CAMP 2024 LEADERSHIP PROGRAMS



### "AT THE NAME OF JESUS

### EVERY KNEE SHOULD BEND,

IN HEAVEN AND ON EARTH AND UNDER THE EARTH, AND

### EVERY TONGUE CONFESS THAT JESUS CHRIST IS LORD."

PHILIPPIANS 2:10-11

### **DEAR 2024 LEADERSHIP PROGRAM FAMILIES:**

We are so excited to welcome you to our leadership programs this summer! These programs are filled with incredible opportunities for community-building and growth in leadership skills while being surrounded by encounters of faith.

As the oldest campers and example-setters in our summer programs, we have some important expectations that we will hold you accountable to. We ask that you do not take lightly the responsibility of serving as leaders at Camp Tekakwitha.

Please thoroughly review the following pages of policies and expectations before signing the bottom with a parent. The completed form will be given to the office when you arrive at Camp, and a copy will be retained for your own reference.

Stay connected through our "2024 Families of Camp Tekakwitha" Facebook group and don't hesitate to reach out to our staff with any questions you might have.

Don't hesitate to reach out with questions or concerns. We're praying for each of you! + the Camp Tek team

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W5248 Lake Drive Shawano, WI 54166 S 715-526-2316⊕ camptekakwitha.org

Vision

The vision of Camp Tekakwitha is to invite and guide young people into a deeper encounter with Jesus Christ amidst the beauty of God's natural creation.

vission

With Saint Kateri Tekakwitha as our intercessor and guide, Camp Tekakwitha will:

- Inspire a relationship with God through prayer and discernment
- Foster a joy-filled **community** of faith
- Provide an opportunity for young people to grow in personal development, leadership, and team building skills
- Promote stewardship for all God's gifts

### LEADERSHIP PROGRAMS

### LEADERQUEST I

Ages 14-15

Our LeaderQuest I program is designed to provide teens ages 14-15 the opportunity to grow in personal and team leadership through unique camp experiences and off-site activities.

LQI includes whitewater rafting, an overnight camping trip, teambuilding programs, and more!

A waiver for rafting must be completed at check in!

### EXPLORERS

Ages 15-17

Explorers is a program for campers who seek adventure. These campers are given the opportunity to learn basic survival skills and grow in leadership, team building, and conflict resolution.

Through the program, a small group of campers will travel off-site and embark on a four-day rustic backpacking trip, complete with back-country camping and canoe adventures.

#### LEADERQUEST II Ages 15-16

LeaderQuest II involves further opportunity for growth in teambuilding with a focus on *servant leadership*. The session includes a service project and overnight camping trips.

The skills developed will make campers more capable leaders and help prepare them to serve in greater roles at Camp or at home.

A waiver for the ropes course must be completed at check in!

#### COUNSELOR IN TRAINING Ages 16-17

Our CIT program consists of one fullweek formation session to learn the ropes of being a counselor at Camp Tek. The counselors-in-training then spend one full week of summer camp in a cabin as an "assistant counselor" for their CIT mission week.

This is a great opportunity for growth in leadership, hopefully paving the way for a future role as a Camp Tek counselor!

### Camp POLICIES

### **PROHIBITED ITEMS**

To ensure all campers have a positive and safe experience, we ask you to refrain from bringing the following items:

- Cell Phones & Electronic Devices
- Knives & Weapons
- Alcohol, drugs, vapes, illegal substances
- Fireworks & Explosives
- Personal sporting equipment i.e. archery equipment
- Inappropriate or offensive clothing
- Pets/Animals
- Drones

If our staff suspects anyone is in possession of an item we deem inappropriate, the camp staff holds the right to confiscate the items and/or send the camper home.





### MEDICATION

All medications **must** be delivered to nurses in the original packaging with pill counts marked on the outside of the packaging. If sending more than one medicine, please put them in a self-seal bag with your camper's name on the outside.

At check-in, the camp nurse will record all medicine brought to camp and will be responsible to dispense all medication while at camp. Physician orders regarding medications needing to stay with the camper will be followed (i.e. inhalers & epi-pens). Counselors will be aware of the medications.

Campers should *not* hold onto and dispense their own medication throughout the week.



### **OFF-SITE STAYS**

Our leadership programs provide unique experiences which include overnight camping trips. Although they take place offsite, Camp maintains consistent with expectations that campers are housed in gender-specified tents, may not share sleeping quarters with adults, and must be under proper supervision by a nearby adult at all times.

All campers should act morally and responsibly, remembering they are a representative of Camp Tekakwitha and the Diocese of Green Bay.





### BULLYING

It is the policy of the Diocese of Green Bay to treat each person with dignity and respect because we are all made in the image of God. Our environment must reflect Catholic values in attitudes and actions at all times, as the Lord has called us to do: "Love one another as I have loved you." Jesus insisted that we treat others with dignity, respect and courtesy.

Bullying is deliberate or intentional behavior using words or actions, or electronic communication, intended to cause fear, intimidation or harm.

Bullying behavior can be:

- 1. Physical (e.g. assault, hitting or punching, kicking, theft, threatening behavior)
- 2. Verbal (e.g. threatening or intimidating language, teasing or name-calling, sexually suggestive remarks, racist remarks, put-downs, jokes, demeaning comments, drawings, cartoons, pranks, gestures)
- 3. Indirect (e.g. spreading cruel rumors, intimidation through gestures, organized or overt social exclusion and sending insulting messages or pictures by electronic devices – also known as cyberbullying)

### camp POLICIES cont.

### MODESTY

It is the policy of the Diocese of Green Bay that chaste behavior and modesty in dress is expected at all times. All campers and staff are to observe modesty when using changing facilities, showers, and restrooms and may only use facilities that conform to the individual's biological sex. The latter policy applies in any state of undress in front of others.

Campers dressed in immodest clothing will be asked to change. Immodest behavior will not be tolerated.





### **EXPECTED BEHAVIOR**

Counselors will communicate further expectations at the beginning of your Camp week. At the core of those expectations is the reminder that we are called to honor the dignity of all, and we expect our campers to do so for one another.

- Respect the boundaries and personal space of others.
- Follow all rules and expectations of camp counselors and leaders in the greater community.
- Remember the buddy rule and look out for one another in safety and accountability for actions.
- Do not participate in any activity which has not been pre-approved by Camp staff i.e. choosing to hike your own trail or "sneaking out" at night.
- Refrain from any camp pranks unless Camp staff members are involved.

-TO BE HANDED IN-

### LEADERSHIP PROGRAMS POLICIES AGREEMENT

I, \_\_\_\_\_ (camper name), have read and understand the abovementioned policies stated by Camp Tekakwitha. I understand what it means to treat myself and those around me with respect, honoring the dignity of all.

I take full responsibility of my actions and agree to abide by the policies and expectations outlined here and explained by the Camp Tekakwitha staff.

I understand that failing to comply with the policies will result in being sent home, without refund, at any time during the Camp week.

Camper Signature	Date	
Parent Signature	Date	

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-RETAIN FOR OWN REFERENCE-

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### ANNUAL HEALTH HISTORY FORM

Log into your child's Ultracamp account to complete the annual medical form. Know that medical information will only be accessed at Camp by administrative staff and the camp nurse. Counselors will be given confidential reports to alert them to the needs of your child. \*\* Please be sure this is updated thoroughly! Food allergies and other critical information is provided from this form.

HAVE YOU COMPLETED

A QUICK CHECKLIST BEFORE YOUR WEEK AT CAMP

### **02 PERMANENT HEALTH HISTORY FORM**

The information on this form will carry over from year to year but will need to be updated if there are any changes in vaccinations, health history, or healthcare providers.

\*\* **Please** be sure this is updated thoroughly!

### 03 PHOTO AND ACTIVITY CONSENT FORM

A simple form giving consent for your child to participate in general camp activities and to have his/her photo taken by Camp staff to be shared through our media channels.

### 04 FINAL PAYMENT

The balance for your camper(s) week of camp is due at the time of check-in. We encourage you to have this paid before arriving at camp as it will speed up your check-in process tremendously!

Payments can be made by:

- Bank transfer through Ultracamp
- Credit Card on Ultracamp or over the phone
- Cash/Check mailed to Camp Tekakwitha at W5248 Lake Drive Shawano, WI 54166

YES

NO









### CAMPER

### COMMUNICATION

#### LETTERS

A note from home is welcomed and encouraged at Camp! The best way for campers to receive letters are to bring prewritten letters to the office during Sunday check-in for us to deliver! Please have camper name and cabin number on the envelopes.

Letters can also be sent through the mail, but we recommend sending the letters at least one week in advance. Please address camper mail as follows: *Camp Tekakwitha Camper Name & Cabin # W5248 Lake Drive Shawano WI 54166* 

#### **EMAILS**

Camper emails are processed through your UltraCamp account. To access this feature, click on "email a camper" in your account. You will need to pay \$1 per email before sending them, and you can create a friend account so family and friends can also send emails!

\*\*Please remember this is a one-way email system only. Campers will not have access to the internet.

### PACKAGES

It's exciting to receive a package at Camp!

A few tips for sending packages to camp:

 Do not send food, candy, or gum. We have many campers with dietary restrictions and want to avoid allergic reactions due to food sent to a camper.

We offer Camp Tekakwitha care packages for you to purchase through Ultracamp or at check-in on Sunday. You pay for the package you want, tell us when you want it delivered, and we take care of the rest!

#### **TELEPHONE CONTACT**

Parents may contact Camp at any time with questions or concerns at 715-526-2316. However, campers do not have access to a telephone as we find that campers' telephone conversations with parents tend to exacerbate or kick-start missing home. In the event a child requests to make a phone call, permission to do so is granted at the parent's discretion after staff make advance contact with the parent/guardian to discuss the situation.

### TRADING POST

OUR CAMP STORE, KNOWN AS THE TRADING POST, IS AVAILABLE FOR CAMPERS TO VISIT EACH DAY OF CAMP ALONG WITH CHECK-IN AND CHECK-OUT TIMES.

WHAT'S AVAILABLE TO PURCHASE?	<ul> <li>Ice cream and popsicles</li> <li>Candy bars, fruit snacks, chips</li> <li>Water, soda, Gatorade, juice pouches</li> <li>Apparel: shirts, sweatshirts, pants</li> <li>Trinkets: hats, sunglasses, water bottles and more!</li> </ul>
HOW MUCH MONEY SHOULD I DEPOSIT?	We suggest \$10-15 for snacks during the week. Additional amounts can be added for apparel and souvenir purchases. You can add this to your child's Ultracamp account prior to check-in or at the trading post upon arrival. Balances that remain <i>after Thursday</i> are donated to our campership fund for future campers. <b>Explorers will only have 1 trading</b> <b>post time.</b>
	Care packages are available to order for your
HOW DO I	agmaar through their Illtraagma geogunt or at

HOW DO I ORDER A CARE PACKAGE? Care packages are available to order for your camper through their Ultracamp account or at the time of check-in at Camp. You can choose from six different package options ranging from \$5-\$20 in price - just choose your package, pick a delivery date, make your payment, and we'll take care of the rest!

Most trading post items are available through our online store. If you would like to see our options before arrival, please visit camptekakwitha.org/merchandise.

## TIME TO PACK!

PACKING LIST		
	Sleeping Bag or Fitted Twin Sheet and Blankets	
	Pillow	
	Favorite Comfort Item (ex: stuffed animal)	
	T-Shirts, Sweatshirt, Shorts, Pants	
	Underclothing	
	Pajamas	
	Personal Toiletries	
	Beach & Shower Towel	
	Shower Sandals	
	Jacket/Raincoat	
	Swimsuit *Modesty is expected in the form of one-piece or tankini suits only*	
	Closed-Toe Shoes, Sandals, Water Shoes	
	Insect Repellant and Sunscreen	
	Flashlight	
	Water Bottle	
	4-6 Clothespins for hanging wet items	
	Plastic bags to take home wet or soiled clothes	
	Permanent Market for t-shirt signing	

### DRESS CODE

Campers are expected to wear clothing which is appropriate for active days outside along with swim suits appropriate for swimming and water games.

Please work with your camper to select modest, athletic, durable clothing for camp.

### LOST-N-FOUND

Please label anything you would want returned if lost! We will hold lost-nfound items for several weeks and will make every effort to return a lost item if you contact us.

Please note: we do our best to return all lost articles, but we cannot assume the responsibility for lost or damaged property.

# LEADERSHIP PROGRAMS SESSION REMINDERS

### LEADERQUEST I

LQI will be going to Wildman Adventures Menomonee Out Post for a White Water Rafting Experience. For that experience, a waiver must be signed.

- YOUR CHILD MUST HAVE CLOSED-TOED WATER SHOES TO PARTICIPATE IN RAFTING! Crocs work, but sandals or flip-flops will not work. There will be water shoes available for purchase at Wildman for \$13/pair.
- Children with glasses will need an eyeware retainer which can also be purchased at Wildman for \$9/pair if they choose to wear glasses while rafting.

### LEADERQUEST II

LQII is focused on service and will be making trip a to the Shrine of Our Lady of Good Help to complete a service project.

An overnight camping trip will be part of their week at Potawatomi Campground in Door County. Tents and camping materials are all provided by Camp.

Campers will also stop at the NEW Zoo to participate in a high ropes course. A waiver will need to be signed during check in.

#### EXPLORERS

Campers will be embarking on a 4-day rustic backpacking trip to Kettle Moraine State Park

It is important to bring a sleeping bag, toiletries, and water bottle. Please prepare by bringing a flashlight, hiking shoes, and thick socks. Backpacks will be provided but if the camper chooses to bring their own that is allowed.

#### **COUNSELORS IN TRAINING**

After their week of formation, all counselors in training will have the chance to return for a mission week where they can put their skills into practice. Please sign up in Ultracamp for the CIT mission week prior to returning for your mission week.

Their fee to return for the CIT Formation week is \$225 to help cover room and board.

### PARENT RESOURCES NEEDTO KNOW

### **MEDICAL CARE**

Two registered nurses are on-site during each week of camp. These nurses take care of administering medications and caring for sick or injured campers.

In case of emergency, campers are taken to ThedaCare or Prevea in Shawano. Emergency transportation is also available from Shawano. Should any serious accident or illness occur at camp, parents or guardians are notified immediately.

Our nurses or camp director will contact you (or your emergency contacts) if your child becomes ill or has any injury beyond a simple scrape or bruise.

If no one can be contacted, the medical director and camp director will make the executive decision for the safety of the camper.

\*Please be sure your UltraCamp contact information is entirely up to date to aid this process if it arises.\*

#### **EMERGENCY COMMUNICATION**

In case of a medical or family emergency at home, you can contact Camp Tekakwitha at 715–526–2316 or 920–615–0412 (camp cell).

In the event of an emergency, visits by a parent/guardian are allowed after contact with the Camp Director has occurred.

#### **CAMPER MEDICATION**

All medication (including prescriptions, over-the-counter drugs, and vitamins) must be brought to camp in the original container (as purchased or issued). Prescription containers must detail the child's name, name of the medication, dosage directions, and the name of the person ordering the medication.

All medication must be noted on the camper's health forms and will be held by the nurses who will dispense it appropriately.

### ARRIVAL & DEPARTURE

CHECK-IN	CHECK-OUT
<i>All Campers</i>	<i>Full Week Sessions</i>
SUNDAY from 3-4 PM	FRIDAY from 3-4 PM
Follow the driveway to the parking lot where you'll be met by enthusiastic camp staff.	A closing ceremony will begin at 2:45 PM at the stage; join us then!
They'll lead you to the check-in	Before leaving Camp grounds, be sure
area between the main lodge	to check out with the counselor at
and director's lodge.	your camper's cabin.

#### **Directions to Camp**

From Green Bay

- 1. Take Hwy 29 toward Shawano.
- 2. Take Exit #234 at Bonduel
- 3. Follow Hwy 117 for 5 miles through Bonduel to Cecil
- 4. Turn right on Hwy 22 in Cecil, proceed 1 mile
- 5. Take a sharp left onto Lake Drive, follow Lake Drive to the camp gates on your right.

W5248 Lake Drive Shawano, WI 54166



Tekakwitha was born in 1656, in a Mohawk Indian village. When she was only four years old, smallpox hit her village and killed many people including her parents and brother. Tekakwitha survived but was weakened and left with scars which partially blinded her and served as a source of humiliation throughout her childhood.

After her parents' death, Tekakwitha was raised by tribal relatives and became an expert in domestic tribal arts and grew in deep appreciation for nature. As she got older, she encountered some visiting Jesuit missionaries and was drawn to their joy and relationship with Christ. She began to lead a life inspired by their example. Tekakwitha fell in love with Jesus, refused an arranged marriage by her family, and was baptized at age 19 taking the name of Kateri (a Mohawk form of Catherine). She later took a vow of chastity and pledged to marry only Jesus Christ.

Kateri's village did not approve of this decision, leading to great suffering and persecution from her family and neighbors. She fled to the Christian Indian mission of St Francis Xavier in Montreal where she became known as the "Lily of the Mohawks" in recognition of her purity, kindness, prayer, faith, and heroic suffering.

Sadly, just five years after her conversion to Catholicism, Kateri became ill and passed away at age 24, on April 17, 1680. Her last words were, "Jesus, I love you." Moments after dying, her scarred face was miraculously healed and "shone like the sun."

fast facts

- She is the **first Native American saint**, canonized on October 21, 2012 by Pope Benedict XVI.
- Because of St. Kateri's example of chastity and virtue, she is often called **Lily of the Mohawks.**
- It's said that Kateri would create crosses out of sticks and place them throughout the forest, often while traveling to the nearby village for Mass. We create these crosses at Camp Tekakwitha while praying for specific intentions. Then, they serve as a reminder to pray for others!
- Images of her are often decorated with a **lily and cross** along with feathers or turtle as representation of her culture!
- Her final words were "Jesus, I love you" / "Jesos Konoronkwa."
- Kateri is the **patron saint** of ecology, orphaned children, & Native Americans.
- One of Kateri's 'mottos' was, "Who can tell me what is most pleasing to God that I may do it?"

THOUGHTS ON MY WEEK	
	CAMP TEKAKWITHA
TOP 3 THINGS ABOUT THE WEEK	WHAT ENCOURAGED YOU?
0	
0	
	PRAYER INTENTION FOR THE WEEK
8688899	I NEVER WANT TO FORGET
MY RANKING OF THE WEEK	

summer reflection

# RECAP GRACES GOING FORWARD ...

### Be who God meant you to be and you will set the world 0 N F R E

-St. Catherine of Siena-



